

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* TURCHIN MARTIN <hr/> (Last) (First) (Middle) 222 N. PACIFIC COAST HIGHWAY, SUITE 500 <hr/> (Street) EL SEGUNDO CA 90245 <hr/> (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol AEROJET ROCKETDYNE HOLDINGS, INC. [AJRD]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner Officer (give title below) Other (specify below)
	3. Date of Earliest Transaction (Month/Day/Year) 08/03/2018	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	08/03/2018		M		3,000	A	\$8.48	99,150	D	
Common Stock	08/03/2018		M		6,000	A	\$8.48	105,150	D	
Common Stock	08/03/2018		D		6,000	D	\$34.21	99,150	D	
Common Stock	08/03/2018		D		3,000	D	\$34.21	96,150	D	
Common Stock	08/03/2018		G	V	500	D	\$0	95,650	D	
Common Stock								17,774	I	By Rabbi Trust
Common Stock								1,000	I	Coulter Turchin Trust
Common Stock								7,500	I	Martin Turchin IRA Rollover
Common Stock								3,000	I	Peter Turchin Trust
Common Stock								1,000	I	Tyler Turchin Trust

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Appreciation Right	\$8.48	08/03/2018		M			3,000	02/15/2009 ⁽¹⁾	08/15/2018	Common Stock	3,000	\$0	0	D	
Stock Appreciation Right	\$8.48	08/03/2018		M			6,000	03/25/2009	08/15/2018	Common Stock	6,000	\$0	0	D	

Explanation of Responses:

1. The Stock Appreciation Right vested in 50% increments on 2/15/09 and 8/15/09.

/s/ Rebecca A. Bauer
attorney-in-fact

08/06/2018

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.